

COVID INFORMATION 2023

- If you test positive for Covid-19, plan to isolate for 5 days. On days 6-10, you may go to class but please wear a mask. The first day of symptoms is day 0.
- You may go to the Servery to collect your meals, but please wear a mask (blue surgical mask).
- You should self- isolate in your room. There is no room to move roommates.
- You may spend time outside and take walks, etc as long as you are not with other people.
- Email your professors to let them know about your absences. Check each syllabus for the rules.
- Call Student Health for a tele-visit appointment if you have concerns. 713-348-4966.
- Send a friend to Student Health to pick up a cold pack if you need some over the counter medicine.
- Student Health has extra Covid-19 tests and masks in the lobby.
- Drink plenty of fluids.
- If you are feeling anxious or lonely, contact Wellbeing at 713-348-3311
- Read the CDC information on Covid-19 and isolation at
 - ○ <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

